

Sharing the Love of Christ, the Light of the World, with the people of Ewell



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Fr Mark Stafford writes

Well, its official, I now weigh 14 stone; this is an increase of one stone compared to this time last year. Now this news can be either good news or bad news depending on your perspective.

For many in the western world, putting on a few pounds is a terrible thing and is addressed by Atkins, Ketogenic, Paleo, Low-Carb and Vegan diets. Or even more invasive tucks and treatments.

On the plus side my additional ballast has smoothed out some of the wrinkles, although I am sure when I go to the surgery for my next medication review, they will suggest that I should eat less and do more exercise, but for many people around the world having enough food to enable them to put weight on would be a great blessing.

We have spoken once before about food and food waste, maybe as summer really begins and we think about dusting off the BBQ, and re oiling the patio furniture, we might also consider how much food we buy compared to how much food we eat?

Often the BBQ season is one for over-shopping and maybe not eating all we buy and all we cook. After all do we really need 4 types of burgers, 20 different types of marinated chicken and lamb? Maybe this is the year we should step away from the grill and consider changing our shopping habits. Can we be more precise with our buying and eating ratios? Can we look to buy more Fairtrade goods? Can we eat a leaner, cleaner diet? Maybe less meat and more plant-based foods?

On 24.1.2020 the Independent reported that, "... UK households are continuing to waste 4.5m tonnes of food annually, which it estimates to be worth $\pounds 14bn$ - the equivalent to $\pounds 700$ a year for an average family with children".

This seems like a huge waste to me, not just of food, but of our hard-earned cash too. The reality of the waste is greater than the food waste, we need to also consider the wasted water, time and energy in the production and farming of the food. The wasted energy in transporting the food, and the associated carbon pollution. We need to think about the wasted packaging and retail environmental costs, not to mention the disposal costs! The list is quite extensive when we think about the total costs of food waste, and I am sure there are other costs I have not considered.

Whilst I may think that putting on a few pounds in my late 50's is understandable, I justify it by blaming my painful knees, which means I exercise less vigorously and less frequently, therefore I am becoming a larger mammal, however I am sure that the reality is more likely to be related to having the study so close to the kitchen, which means that during the day the fridge light is on and off so often the kitchen looks like a night club!

As I am sure that my GP will soon be saying, maybe I should be thinking about eating less and doing more? And maybe this is something we should all be doing for if

St Mary the Virgin EWELL PARISH CHURCH 020 8393 2643

Website: www.stmarysewell.com Registered Charity Number 1128409

CLERGY

Vicar: Fr Mark Stafford 020 8393 1297 Email: vicar@stmarysewell.com Day off: Friday

Assistant Priest: The Reverend Sue Ayling OBE; 020 8337 6347; Email: assistantpriest@stmarysewell.com Day off: Wednesday

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Day-to day financial queries Donna and David Boosey 07791 993261; Email: financeteam@stmarysewell.com

Stewardship Recorder Mrs Sarah Holmes:

Email: plannedgiving@stmarysewell.com

THE PARISH OFFICE

Administrator:

Mrs Lynne Yuille 020 8393 2643 (Office) Office email: parishoffice@stmarysewell.com The postal address is: St Mary's Ewell Parish Church, London Rd, Ewell, Surrey, KT17 2AY.

The Parish Office is on the south side of the church.

The Parish Office is closed to visitors at present. Please telephone or email instead.





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we reduce food waste, we reduce carbon emissions, we reduce our impact on the planet's limited resources, which will hopefully mean more to go round, and we also start to reduce our waistlines!

WHAT'S ON IN JUNE

Mission Action Plan parish meeting – 4 June following 9:30 Communion service.

As lots of you will be aware we have been looking at renewing our Church mission action plan. We have surveyed the congregation, met with the groups and people providing services to the Church and on June 4, Trinity Sunday, we will pull all these strands together and create a 2-year plan of mission and ministry. The plan will look at our finances, the way we "do" Church, our outreach into the community and how we care for one another and the wider world. Please come and join us and be part of our new normal!

<u>5 June Home Communions</u>

On the first Monday of each month we take Holy Communion to the care homes in our parish. If you would like to receive Holy Communion at home, please speak to Fr Mark and this can be arranged.

<u>10 June Mamma Mia!!</u>

Calling all ABBA fans. Following on from the great success of the singalong Sound of Music, on 10 June we will be hosting a singalong, Mamma Mia, here in Church. Tickets on sale now either in Church or on Eventbrite.

13 June Lunchtime Bach Tuesday recital

Come and join us for our Lunchtime Bach Tuesday recital from 1.05pm - 1.35pm featuring the major Preludes and Fugues. Tea, coffee and refreshments to follow.

15 June Bereavement Café

2:45pm - 3:45pm in Ewell Hall (opposite the Church). Bereavement Café offers a chance to meet with others who understand the experience of loss. Bereavement Café is a space to talk about the pain of bereavement, and find mutual support and encouragement, when you need it most.

17 June 7.30pm Jonathan Holmes plays Max Reger

Reger's kaleidoscopic magnum opus, the Mahlerian-like Op 73 Variations on an original Theme.

21 June On-line Quiz

Our next on-line quiz using Zoom is on Wednesday 21 June at 8.00pm. If you have not joined one of our on-line quizzes, then do consider it this month. Our quizzes really are great fun. You will need to register using a link that will be given in the Weekly Notes nearer the time, or you can email *zoom@stmarysewell.com*.

24 June Vicarage Garden Party

Come and join us for a delicious cream tea at our annual summer garden party between 2:30pm and 4:30pm. Tickets cost £5 and are on sale after Sunday services.

Apart from the items mentioned above, do check the Calendar on the back page for the full list of services and events happening in June.

Every blessing

Fr Mark

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AV/SOUND DESK AT ST MARY'S

We continue to seek volunteers to learn how to operate our AV/sound desk and to join the team helping with livestreaming/videos at our services.

This is a vital part of our outreach so if you think you may be able to help, please contact the churchwardens, our clergy or John Larkin.

FROM THE PARISH REGISTERS

HOLY BAPTISM

At the font we were marked with the Cross on our brow, of our grace and our calling the sign. (AMR 541)

23 April Nancy Emma Mary Hughes

FUNERALS

Let light perpetual shine upon them

10 May H	Iilda Ridgway,	aged 92
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- 16 May Mervyn Poynter Bingham, aged 59
 - Ashes Interment

30 April Edward Osborn, aged 88

ST. MARY'S ON-LINE QUIZZES



We hold monthly on-line quizzes using Zoom

These are very popular and fun for all the family. Why not join us?

Our next quiz will be on Wednesday June 21. As always, you will need to register beforehand. You can use links provided in the Weekly Notes or you can also register by emailing

zoom@stmarysewell.com.

JUNE CONCERTS

June 13 at 1.05 pm Free Tuesday lunchtime Bach organ recital Jonathan Holmes

June 17 at 7.30pm Jonathan Holmes plays Max Reger

Reger's kaleidoscopic magnum opus, the Mahlerianlike Op 73 Variations on an original Theme

Admission to the Saturday Concerts is a £10 suggested donation for over 18s. The Tuesday concerts are free and are followed by afternoon tea.

Every penny raised goes towards restoration of the Willis organ.



St Mary's

Toddler Group

Thursday mornings in term time 10-11.30 in Ewell Hall For information: Please phone 020 8393 4804 or see St Mary's website



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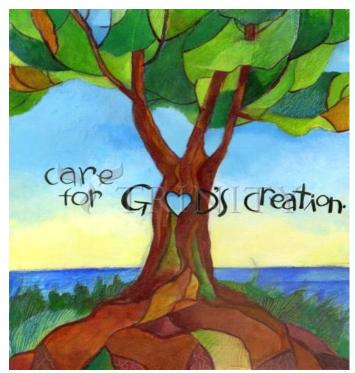




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Prayers for June



As this Springtime and Summer continues to unfold,

Creator God, we pray that you will fill each one of us with love for the whole of your creation. Awake in us a thirst and energy to work tirelessly to maintain the world as you would wish it to be.

Help us to consider the lost lilies, the disappearing sparrows; teach us not to squander earth's precious resources; help us to value all earth's many habitats and seek to preserve this world in all its diversity.

Help us to find ways to use earth's resources wisely and to find a path to good, sustainable living. Help and inspire us and all those who work to find solutions to the damage and decay that our thoughtlessness has brought about that once again we may live in harmony with all of creation, just as you intended. AMEN



GARDEN PARTY

The next garden party organised by our Social Committee will be held in the Vicarage Garden on **Saturday 24 June** from 2.30 to 4.30 pm.

Do join us to enjoy a delicious cream tea.

Tickets cost £5 and are on sale after services

ROYAL CONNECTIONS

St. Mary's Parish Choir Simon Gregory (organ) Jonathan Holmes (conductor) Saturday 22 April

To celebrate the dawning of the new Carolean era, the Parish Choir presented a varied programme, including music associated with previous coronations. Thanks go to Julia, Liz and their helpers for running the box office and refreshments.

The evening began with a bang. Without a shadow of doubt, the finest coronation anthem in the repertoire is *Hubert* Parry's monumental setting of Psalm 122, I was glad when they said unto me. Commissioned for the coronation of King Edward VII in 1902, this piece stands out in English musical history for an unlikely reason. It received two first performances. What happened? The story is, that when it came to the actual coronation, the then Director of Music at Westminster Abbey, Sir Frederick Bridge, was unable to see the west door where the King was supposed to enter. He therefore arranged for someone to give him - Bridge - a signal when the King arrived, so that he could give Walter Alcock, the organist, the cue to begin. By some oversight, however, the signal was given too soon; they performed the anthem only to be told that the King had not yet arrived. When the King did finally arrive, they had, of course, to sing the anthem a second time, one hopes without further mishap.

King Edward VII was succeeded by George V at whose coronation, in 1911, 'I was glad' was performed again, this time in Parry's revised version. For this same occasion, Edward Elgar composed an Imperial March, an organ solo played today by Simon Gregory. The choir now took over, in a performance of Three Latin Motets for unaccompanied **choir** by *Charles Villiers Stanford*. Note these motets – short anthems - were not written for any coronation. The truth is unclear; it is most probable that Stanford wrote them for Trinity College Chapel choir, in Cambridge, and their director Alan Gray (who succeeded Stanford at Trinity). The titles of the individual motets are: Justorum animae 'the souls of the righteous are in the hand of God'; Coelos ascendit hodie 'today Jesus Christ has risen to Heaven' - an Ascension Day anthem; and Beata quorum via 'Happy are they who are upright in the way'.

Moving to a more modern era, during the course of his long life, *William Walton* wrote two coronation organ voluntaries which have since become classics of their kind: **Crown Imperial** (King George VI 1937) and **Orb and Sceptre** (Queen Elizabeth II 1953). Simon played both of these tonight. The stirring strains of 'Crown Imperial' brought us to the interval.

Hushed, reflective music for choir and organ opened the second half. **O Hearken Thou** was written by *Elgar* for the 1911 coronation, to fill the gap while King and Queen were receiving Holy Communion. Now, the mood changed completely when the choir – accompanied by Simon on grand piano – leapt into the twenty-first century with **A Little Jazz Mass.** The composer *Bob Chilcott* is one of the leading musicians in Britain today. His Jazz Mass unusually combines the traditional Latin texts with a variety of jazz idioms. After the aforesaid 'Orb and Sceptre', the concert concluded on another high note - **Zadok the Priest** which is one of the anthems that *Handel* was commissioned to write for the coronation of King George II in 1727 at Westminster Abbey.



DAVID BOOSEY WRITES ABOUT COM-PLETING THE BANHAM MARCH

Last Sunday 15 May, I was delighted to

take part in the Banham March. This is a sponsored walk which raises money for The Royal Marsden NHS Foundation Trust .

It was a lovely day, walking 15 miles in mostly sunshine, from The Royal Marsden Hospital in Chelsea to The Royal Marsden Hospital in Sutton.

The event has been running for many years and has raised millions of pounds for these specialist cancer hospitals.

Together, The Royal Marsden and the neighbouring Institute of Cancer Research are ranked in the top five cancer centres in the world for the impact of their research, treating over 59,000 NHS and private patients every year.

I was moved by the numbers of people marching from all walks of life who were united in remembering those they love that have been impacted and lost to cancer. All coming together for a good cause that helps the people who work at The Royal Marsden improve the lives of so many in our communities. It was particularly heartening to be serenaded by well-wishers honking their car horns as we approached our final destination, with the hospital clearly being a source of pride and hope for the local community here.

If you would like to make a donation and sponsor my walk, you can do so through this link: <u>https://tinyurl.com/3m7mnmsn.</u>

David Boosey

LADIES NIGHT OUT

A great evening was had by lots of us in the church hall on 19 April, hosted by Lucy, Fr Mark's wife. We had all signed up to bring a contribution towards the food & drink and were totally indulged with a delightful and delicious array of food.



From chilli, chicken curry, salmon en croute, garlic bread through all sorts of amazing salads & sides, to even the delicious but different Coronation Quiche! Then there were the puddings- lemon tart, meringues, red berries, cheesecake, chocolate roulade, cakes, jam tarts, cheese etc...... I feel absolutely full just reading this! What a talented group of home cooks.

The layout in the hall meant that everyone could move around and chat to old and new friends of St Marys and the atmosphere was so convivial. A huge thank you to all those who mucked in to help wash up & clear up, and especially to Lucy for organising the whole event.



ST. MARY'S ECO GROUP Invitation to take action for nature

You may have been in church over the Coronation weekend and heard the talk from the Surrey Wildlife Trust inviting the congregation to take action for nature. What better way to celebrate our new King, who has dedicated so much of his life to conservation?

Current figures relating to the biodiversity crisis make for gloomy reading – with 1 in 7 species at risk of extinction in Surrey alone. Particularly affected are our wildflower meadows, with 98% lost since the 1950s. To help combat this decline, we would like to see actions go beyond the church boundary and into our streets, gardens and community spaces. Here are some ways that you can get involved.

- Leave part of your grass uncut for at least 4 weeks and enjoy seeing daisies, speedwells, dandelions, birdsfoot trefoil and yarrow start to bloom.
- A lawn that has been fed and tended to for years may need a little help diversifying. To encourage native plants you may wish to remove patches of turf and plant wildflowers amongst the grass as 'plug plants'.
- This September you could consider removing turf along with the nutrient rich top layer of soil (where commercial grasses thrive) and reseed the area with a mix of native wild flowers there are a number of good seed sources available online.
- If you have a flower bed or pots, plant them up with pollinator friendly plants and create a 'pollinator pit stop' – most herbs such as lavenders, mints, chives, rosemary, thyme and oregano are fantastic for bees, cope with drier conditions of pots and are great additions to your cooking.
- Commit to going chemical free in your garden, let natural predators such as birds, hedgehogs and toads do the slug and aphid control while welcoming the weeds.
- Always use peat free compost.

We understand that long grass can look untidy or make the garden look abandoned. This can be avoided by mowing neat paths through the lawn, or just allowing a strip of your lawn to grow wild with the rest mown a little less frequently than usual. If it's a community garden or a verge in public view, why not place a blue heart with a sign letting passers-by know it is being left for the bees. Don't abandon cutting all together – all meadows need to be cut in late summer/ early autumn to prevent brambles taking hold. But always check for hedgehogs and other small creatures first! When you do cut, allow a few days for any seeds to fall before removing the clippings. The following Spring, an early cut with the blades set high, knocks back the grasses and allows the wildflowers a chance to get going.

https://www.surreywildlifetrust.org/actions/how-grow-wildpatch-or-mini-meadow

And if you do join the No Mow initiative, welcome to the team! Let Surrey Wildlife Trust know about your actions for nature by plotting it on the 'Team Wilder' Map: https://www.surreywildlifetrust.org/act-wildlife/team-wilder

If you have an ECO tip or would like to join our ECO Group we would love to hear from you. Please get in touch with Sue Ayling at: assistantpriest@stmarysewell.com or 020 8337 6347.

REPORT FROM PCC MEETING 2 MAY

Fr Mark reported that all seven Mission Action Plan forums have now been held and have been very productive. This means that stages 1 and 2 of the process are now complete.

For stage 3, points from all the forums will be collated and the whole church congregation will be invited to come together on Trinity Sunday, June 4 to plan the way forward.

Members approved the Annual Report and financial statement for 2022. This will be presented to the congregation at the APCM on Sunday 21 May.

The meeting also approved the Health & Safety and Whistle-Blowing Policies. Work to update the Staff Handbook is in progress.

It was agreed that repairs to the cracking chancel floor will begin in August when they will cause the least disruption. However, the exact cost of the repairs will not be known until the tiles are removed. Every effort will be made to match the replacement black and white tiles with the existing.

The next meeting will be held following the APCM on Sunday 21 May 2023.

Liz Divall, PCC Secretary

EPSOM & EWELL FOODBANK

Our local foodbank relies on your goodwill and support. 3,000 people have already been supported this year, which is 65% more than the same period in 2022. Your food donations are vital – please help if you can.

Urgently needed: Cooking sauces, tinned vegetables, tinned sweetcorn, tinned meat, rice pudding, tinned fruit, coffee, long life sponge puddings, ketchup / brown sauce / mayo, chocolate spread, UHT milk, powdered milk, deodorant, shampoo / conditioner, nappies sizes 5+, 6 and 6+.

Please no more of these items as we are fully stocked: Pasta, dog / cat food, Tinned soup.

We would also appreciate any bags for life/very strong bags!

You can donate at St Mary's Church Ewell, Sainsbury's Kiln Lane, Waitrose Epsom and Banstead, Asda Burgh Heath and Tesco, Leatherhead, or directly to Epsom & Ewell Foodbank, Good Company Hub, (Behind West Ewell Primary School), Ruxley Lane, Ewell KT19 0JG. Open Monday to Friday 9am - 2pm excluding Bank Holidays.

You can sign up to the Foodbank newsletter on their website at *www.epsomewell.foodbank.org.uk*

* Please make sure all donations are sealed, in date and do not contain alcohol *

CORONATION GARDEN PARTY AT THE VICARAGE



Having sung the National Anthem at the close of the morning service on 7 May, about 50 parishioners were back at lunchtime for a picnic in the vicarage garden to continue the celebrations marking the coronation of Charles III and Queen Camilla. Luckily today the sun shone, not like the previous day. The sunshine was a bit watery at first, but improved as the day progressed.

The garden looked beautiful and Mark's vegetables were doing well. There was a bar, with neon light, set up to one side and various games for all placed around the lawn. Everyone was supposed to bring their own picnic, but there was also a table in the centre of the lawn where communal food was spread, including the famous Royal Coronation Quiche!

Thank you, Lucy and Mark, for inviting us to your garden again and being such welcoming hosts. See you at the garden party cream tea on Saturday, 24 June.

GOD SAVE THE KING

JMD



As well as the usual craft activities, free refreshments through the day and a special display of handbell ringing and an invitation to 'have a go', there will be a talk about Animal Assisted Therapy and the work done by Kingswood Shetlands & Friends to help improve peoples mental, physical, social and emotional functioning with the aid of animals. The Shetland ponies and their animal friends will be in the churchyard to enjoy - as they were last year.

Any queries to <u>adayforall@stmarysewell.com</u> or to Sue on 020 8337 6347.

PUT OUT THE FLAGS DINNER 13 May

Once again, we have had the pleasure of a wonderful evening organized by our amazing Social Committee. A fabulous meal - centered around the Coronation of course - and accompanied by the usual fine wines, delicious and very fattening sweets and irresistible cheese and biscuits. A big thank you ladies.



The evening began with the Loyal Toast, and a rendition of the National Anthem followed with grace, said by Sue Ayling.

Jenny entertained us with 'Changing of the Guard' and Valerie did a very complicated and amusing rendition of 'The Kings Breakfast'.



Each table was then given copies of a quiz which really did exercise our brains! There was a tie between two tables for first place and the winners were decided by the tossing of a coin. Well done!

The evening concluded with the hearty singing of Rule Britannia and various other well- known patriotic melodies. Many thanks to Jonathan and Tim for leading the singing.





ST MARY'S CHURCH London Road, Ewell

Saturday 10th June 2023 Doors open at 6:30pm for 7:00pm Adult ticket price £10, with a glass of fizz, Children £5, additional fizz will be sold if needed!

Dress to impress like it's 1970 Tickets available in Church and on Eventbrite



£10 adults, £5 children to include a burger and a drink.

Processco bar. Bring your own picnic. Tickets on Sale in Church and on Eventbrite. https://JazzontheLawnEwell2.eventbrite.com

Florie is a Jazz-pop singer who fuses 1940's vocal Jazz singing with Beatlesque melodies





St. Mary's is once again in the throes of organising the Annual Ewell Village Fair – a highlight of the year. There will be the usual variety of arena events. By popular demand there are return visits from the Southern Golden Retriever Display Team and the Paladins of Chivalry, with Medieval re-enactment and combat display. We will also have Razzle Dazzle Dance Fitness, Nordic Walking, the Phillomena Dance School and the Sing out Sutton choir. The Army Reserves will be on site. All the fun of the traditional fair will include a coconut shy, Punch and Judy and a bouncy castle/inflatable assault course. There will be plenty to entertain both young and old plus those in between.

There will be a BBQ serving burgers and for those who fancy something different Dhansiri will be providing Indian Cuisine. Enjoy award-winning artisan Italian ice cream or you can buy doughnuts from Krispy Kreme. Our Beer Pavilion will be offering beer, wine, Pimms, craft gin & tonic as well as soft drinks. Tea and coffee will be available all day. As usual there will be side-shows and a wide range of stalls including cakes, books and music, bottle tombola, plants, bric-a-brac, toys and games, balloons, jewellery and craft. Our Guides and Brownies will be offering face-painting for children and the 3rd Epsom Scouts a Crazy Kitchen crockery smash activity. *Don't forget to bring some cash*!

The Grand Draw has lots of great prizes and there is also a Lucky Programme Draw. Maybe you could sell some Grand Draw tickets prior to the day? They are available now in church or from the organiser.

There will be a baking competition for adults and two age groups for children - one to bake and decorate & for the younger ones to decorate only. Further details and forms can be found on our website and forms can also be collected from the Church on Sundays.

The church will be open all day and there will be short choral performances and recitals on our wonderful Father Willis organ. The event will commence with the Ewell St. Mary's Morris Men and four guest sides dancing outside the Green Man at 10 am before leading our MP, Chris Grayling, to the eighteenth-century Watch House to 'refresh the wastrel'. They will then progress to the Fair at Ewell Castle School's Glyn House site. The Fair doors open at 10.30 and Chris will formally open the Fair at 11am. The Morris Men's first dance and their Grinning through the Horse's Collar competition, which is always great fun, will be at 11.30. The Bishop of Guildford will also be in attendance for some of the day

As with any large event, offers of help and donations for the stalls are still needed, including help with refreshments. If you feel you may be able to help in any way, please contact the chair of our Fair Committee, Harvey Morris tel. 07775 865303, email *fair@stmarysewell.com* or Fr. Mark. Donations for the following stalls can be left in church from Sunday 2 July.

> Books and Music Bric a Brac Plants and Toys

Bottle Tombola, Jewellery

GRAND DRAW TICKETS

You will have received two books of tickets with the May edition of the Ewell Parish News in the hope that you will be able to sell some tickets on our behalf. We have cash prizes, tickets for days out, vouchers for meals out and lots of other exciting prizes. If possible, cash and counterfoils should be returned by Saturday 8 July 2023 to either your EPN distributor or direct to the promoter (name and address are on the tickets) or placed in the blue box at the back of Church. We understand that not everyone will be able to buy or sell tickets, but we will be most grateful if you can help with this fund raising project.

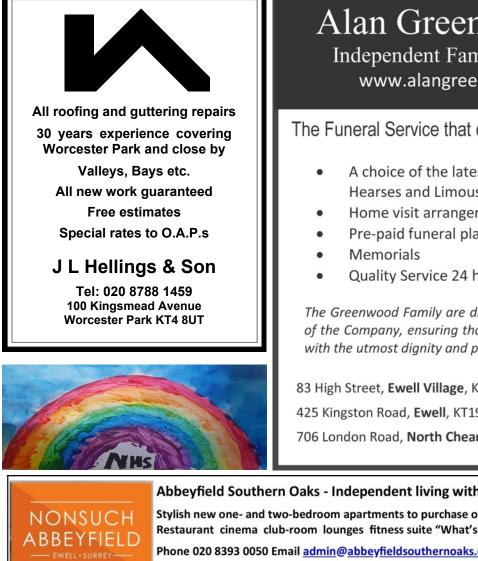
CAKE COMPETITIONS

Can you bake a delicious Victoria Sponge? Or, if you're between 12-16 why not have a go at baking and decorating some cupcakes? For the younger kids, just let your imagination run wild and decorate some plain cupcakes. Choose your own theme.

Entry Forms are available in church or can be downloaded from the church website. Please submit them by Sunday 9 July – they can either be dropped off at church or emailed to *flowers@stmarysewell.com*. Judging is at 12 noon on the day of the Fair. Page 10 can be cut out if needed



Ewell Parish News



Nonsuch Abbeyfield Old Schools Lane Ewell KT17 1FL Charity no 247308



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Abbeyfield Southern Oaks

Calendar for June



Morning Prayer will usually be celebrated at 0900 Monday to Saturday and shown online

S 04 TRINITY SUNDAY

- Said Holy Communion (BCP) (Lady Chapel) 0800 0930 Jesus and Me (JAM) (Hall then Church) 0930 Sung Holy Communion
- 1115 Mission Action Plan Meeting with Congregation in Church
- 06 1000 Said Holy Communion (Lady Chapel) Т

CORPUS CHRISTI Th 08

- 1000 St Mary's Toddler Group (Hall)
- 2000 Holy Communion
- 1830 for 1900 Sing-Along Mamma Mia! in Church 10

S 11 **TRINITY 1**

S

- 0800 Said Holy Communion (Lady Chapel)
- 0930 Jesus and Me (JAM) (Hall then Church)
- 0930 Sung Holy Communion
- 1115 **Choral Mattins**
- Т 13 1000 Said Holy Communion (Lady Chapel) 1305 Lunchtime Bach Organ Recital
- 1000 Th 15 St Mary's Toddler Group (Hall)
 - 1445 Bereavement Café
- 1930 S 17 Organ Recital - Jonathan Holmes plays Max Reger

TRINITY 2 (Father's Day) S 18

- 0800 Said Holy Communion (Lady Chapel)
- Jesus and Me (JAM) (Hall then Church) 0930
- 0930 Sung Holy Communion
- 1730 Choral Evensong
- 20 1000 Said Holy Communion (Lady Chapel) Т
- 2000 W 21 Quiz on Zoom
- Th 22 1000 St Mary's Toddler Group (Hall)
- 24 1430-1630 Garden Party at the Vicarage S
- S 25 **TRINITY 3**
 - 0800 Said Holy Communion (Lady Chapel)
 - 0930 Jesus and Me (JAM) (Hall then Church)
 - 0930 Sung Holy Communion
 - 1115 Holy Baptism
- 27 1000 Said Holy Communion (Lady Chapel) Т
- Th 29 1000 St Mary's Toddler Group (Hall)

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OBSERVATIONS

Kindness is a language that the deaf can hear and the blind can see

When we take least notice of our good deeds ourselves, God takes most notice of them